

Presenters



Sharon Morris



Kieran Hixon



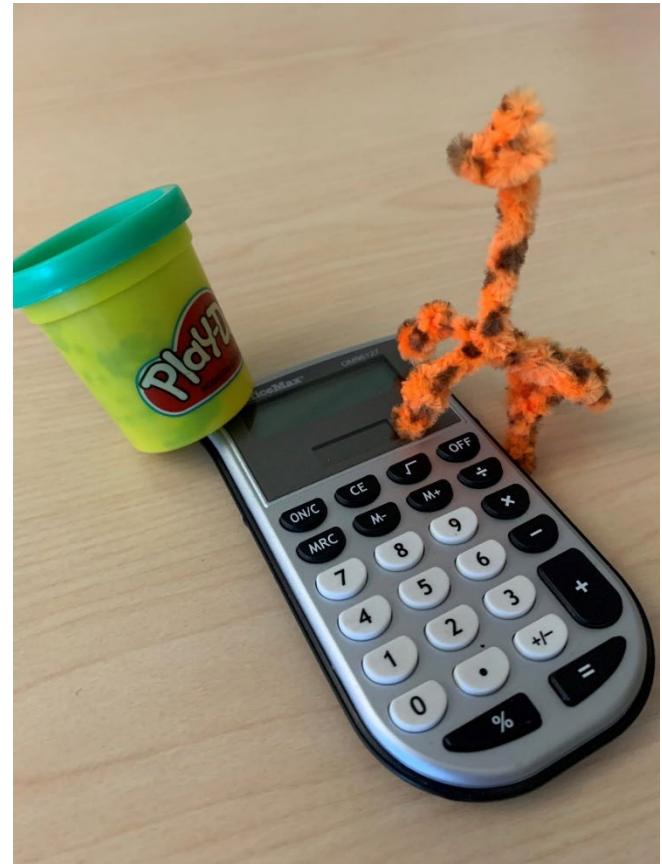
Christine Kreger

WHAT MADE YOU JOIN THIS SESSION ON PLAY?

- ❖ Sometimes I'm a grump - I need to be more playful at work.
- ❖ I'm a clown at work but really, I get a TON of work done. How can I be valued for my humorous ways?
- ❖ I'm a skeptic about play at work. Work should be serious.
- ❖ Other (please share in the chat area)

TODAY'S OBJECTIVES

- Greater understanding of play & the benefits of play at work.
- Clarity on your play personality.
- Plan for adding more play into your work.



AGENDA

Intro

Define
Play

Benefits
of Play

Your
Play
Style

Play at
Work

Play
with
Others

ACTIVITIES – BE CURIOUS



ACTIVITIES – JOIN IN!



PLAY PATCH #1 – COLLECT ALL SIX!





AS A CHILD, HOW DID YOU
PLAY? WHAT DID IT FEEL
LIKE?

Please used the
chat area to share
your early
experience with
how it felt to play.

DEFINING PLAY

Purposeless

Intrinsically motivated

All-consuming

Nonliteral (involves pretense)

Active (not passive)

Fun

Engaging

Self-chosen

Self-directed

Imaginative

Requires attention

Non-stressed frame of mind

Freeing (unimpeded movement)

Arouses friendly feelings

Increases joy

Absent of serious, practical or harmful intent

Spontaneous activity

Aimless

Whimsical

For enjoyment and recreation

THE OPPOSITE OF PLAY IS NOT WORK, IT'S DEPRESSION – *BRIAN SUTTON- SMITH*

Purposeless **Intrinsically motivated**

All-consuming

Nonliteral (involves pretense)

Active (not passive)

Fun

Engaging

Self-chosen

Self-directed

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PLAY PATCH #2



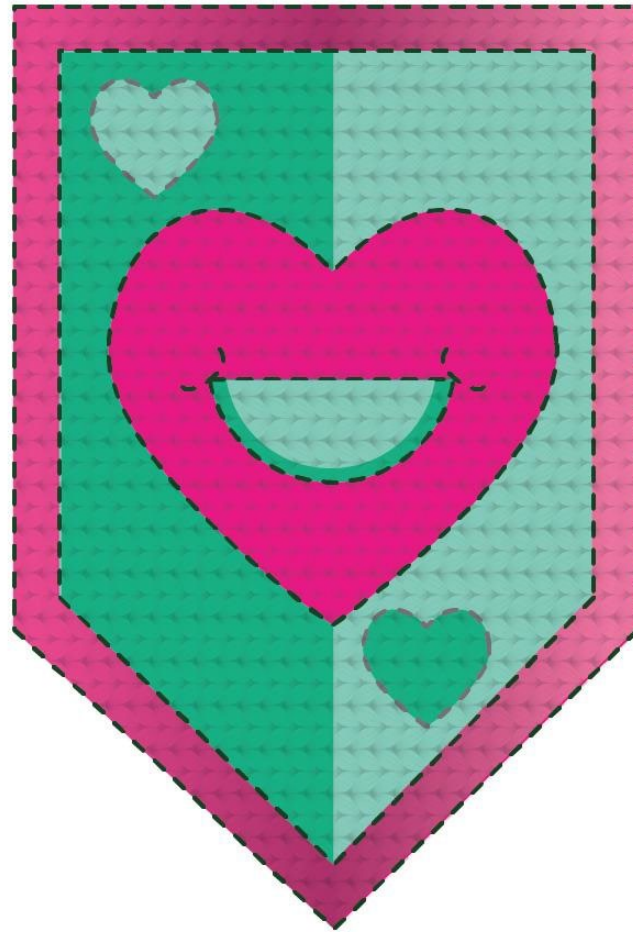
BENEFITS OF PLAY



BENEFITS OF PLAY – *STUART BROWN*

- ❖ Better work relationships
- ❖ Increases productivity
- ❖ Reduction in stress
- ❖ Skill development
- ❖ More creative
- ❖ Increases intelligence
- ❖ More adaptable

PLAY PATCH #3





Draw a Library

Fun!

Collaborative!

Would rather draw on my own.

Not Fun. Frustrating.

PLAY TYPES

Joker

Jokes, humorous remarks, puns, hilarious stories, nonsense, practical jokes

Kinesthete

Movement, dance, active sports (not to win), yoga, physical play

Explorer

Venture to the unknown, new things or ideas, visit new places

Competitor

Being your best, like specific rules and clear winners, keeping score

Director

Natural organizer, fun in planning and executing events, being in control, work magic

Collector

Collect the most, rarest, best, of things that interest you, things or places

Creator/Artist

Making something out of nothing, doodling, process rather than results, make or fix things

Storyteller

Imaginative, creating stories to tell or show, make things interesting through story

Other

(Your examples)

PLAY

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Competitor

Being your best,
like specific rules
and clear winners,
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Storyteller

Imaginative,
creating stories to
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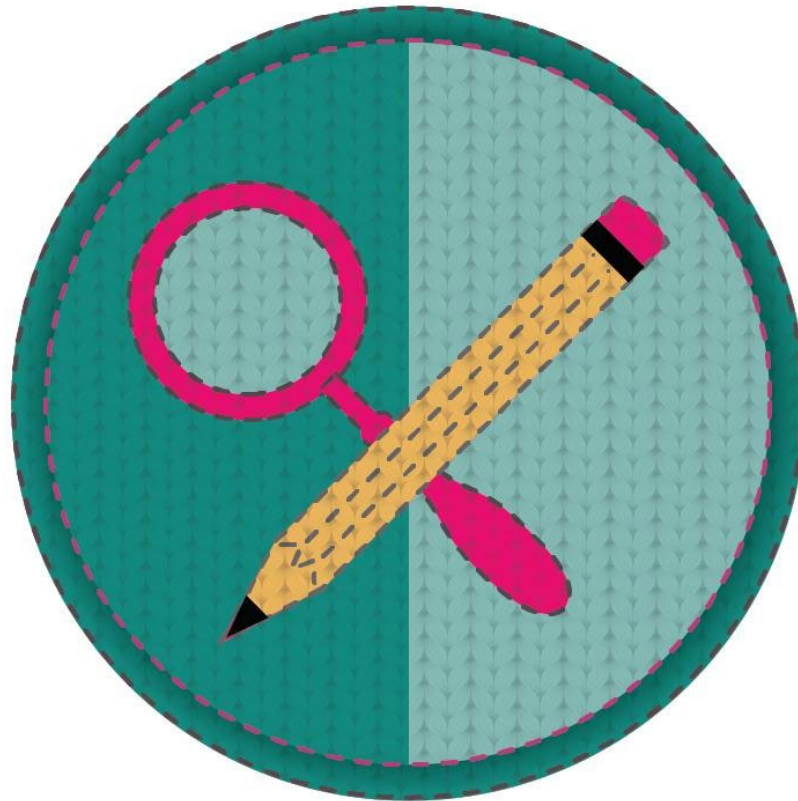
Explorer

Venture to the
unknown, new
things or ideas, visit
new places

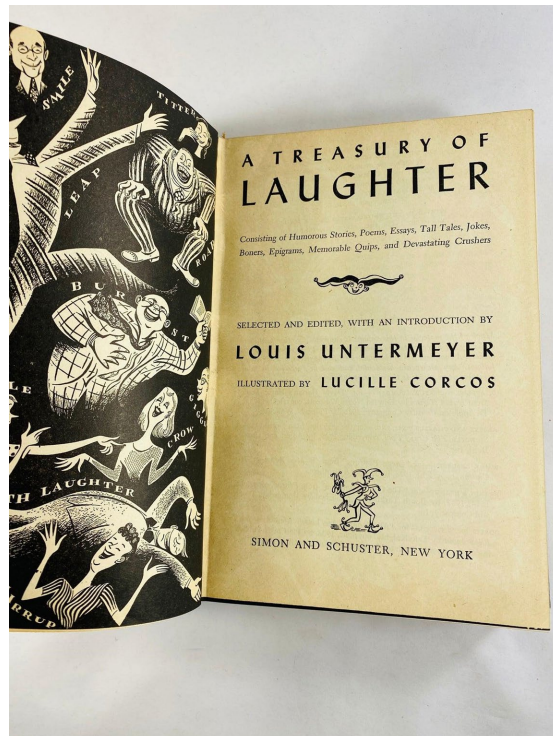
PLAY TYPES

Joker Jokes, humorous remarks, puns, hilarious stories, nonsense, practical jokes	Kinesthete Movement, dance, active sports (not to win), yoga, physical play	Explorer Venture to the unknown, new things or ideas, visit new places
Competitor Being your best, like specific rules and clear winners, keeping score	Director Natural organizer, fun in planning and executing events, being in control, work magic	Collector Collect the most, rarest, best, of things that interest you, things or places
Creator/Artist Making something out of nothing, doodling, process rather than results, make or fix things	Storyteller Imaginative, creating stories to tell or show, make things interesting through story	Other (Your examples)

PLAY PATCH #4



PLAY AT WORK



PLAYTIME!

It's Monday morning, and you know you are going to be on the desk most of the day. How can you incorporate play into the day with the public?

Now, it is Wed. afternoon, and you are dragging a bit. You have a meeting this afternoon. How can you incorporate play with your team?

It's your first day back at work after vacation, how are you...or can you incorporate play into your day?

PLAY PATCH #5



YOUR TURN – MEETING, PROJECT, ETC.

Benefit You Want

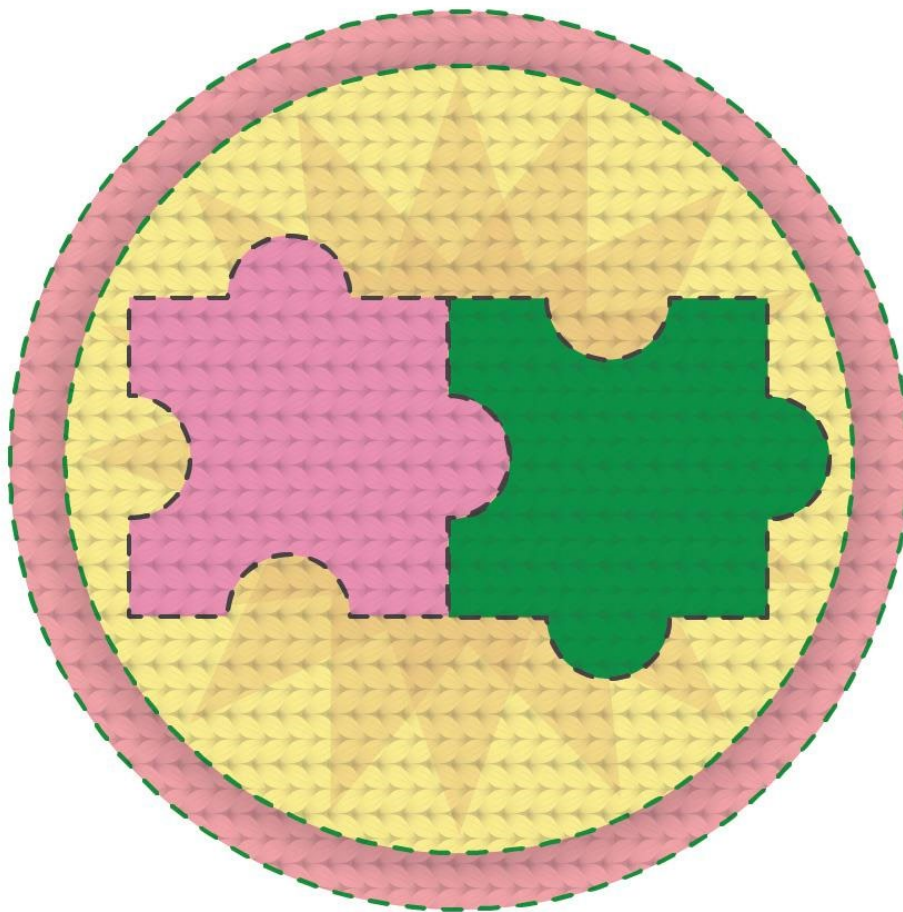
- Better work relationships
- Increased productivity
- Reduction in stress
- Skill development
- More creative
- Increases intelligence
- More adaptable

Your Play Style

Your Ideas for Play

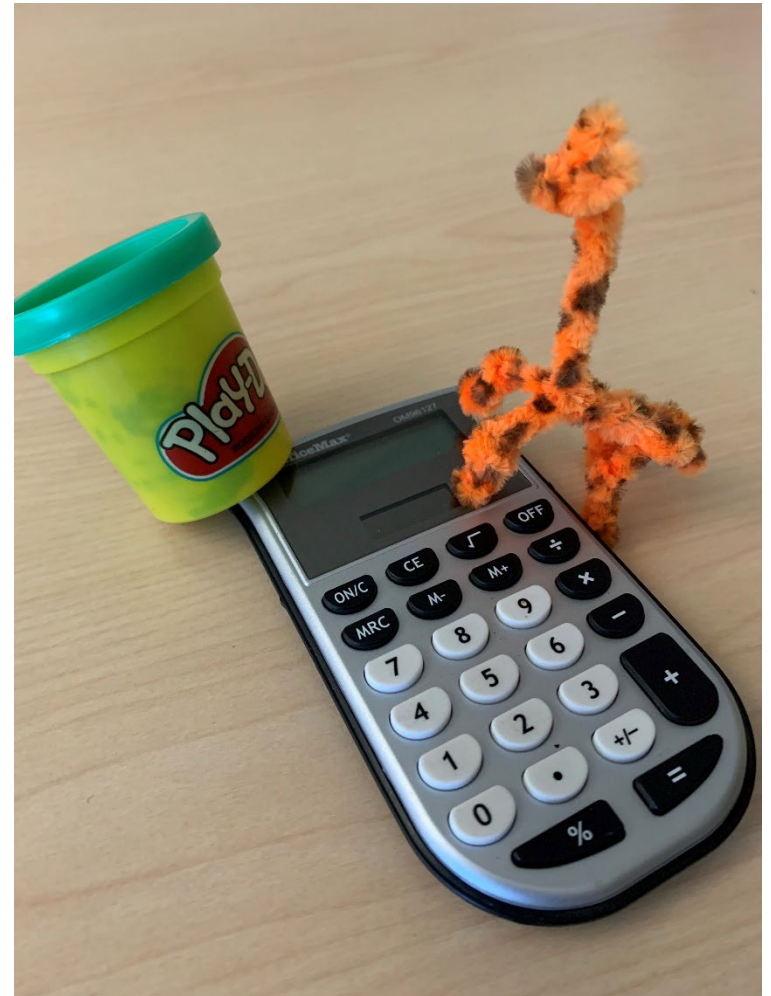
(Remember others' play styles too)

PLAY PATCH #6



TODAY'S OBJECTIVES – How did we do?

- Greater understanding of play & the benefits of play at work.
- Clarity on your play personality.
- Plan for adding more play into your work.



ONE WORD TO DESCRIBE HOW
YOU FEEL AFTER THIS SESSION

Thanks for Playing with Us

Questions?

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